

Inhibitors of polyamine metabolism: Review article

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Summary. The identification of increased polyamine concentrations in a variety of diseases from cancer and psoriasis to parasitic infections has led to the hypothesis that manipulation of polyamine metabolism is a realistic target for therapeutic or preventative intervention in the treatment of certain diseases.

The early development of polyamine biosynthetic single enzyme inhibitors such as α -difluoromethylornithine (DFMO) and methylglyoxal bis (guanyldrazone) showed some interesting early promise as anticancer drugs, but ultimately failed *in vivo*. Despite this, DFMO is currently in use as an effective anti-parasitic agent and has recently also been shown to have further potential as a chemopreventative agent in colorectal cancer.

The initial promise *in vitro* led to the development and testing of other potential inhibitors of the pathway namely the polyamine analogues. The analogues have met with greater success than the single enzyme inhibitors possibly due to their multiple targets. These include down regulation of polyamine biosynthesis through inhibition of ornithine decarboxylase and S-adenosylmethionine decarboxylase and decreased polyamine uptake. This coupled with increased activity of the catabolic enzymes, polyamine oxidase and spermidine/spermine N¹-acetyltransferase, and increased polyamine export has made the analogues more effective in depleting polyamine pools. Recently, the identification of a new oxidase (PAO-h1/SMO) in polyamine catabolism and evidence of induction of both PAO and PAO-h1/SMO in response to polyamine analogue treatment, suggests the analogues may become an important part of future chemotherapeutic and/or chemopreventative regimens.

Keywords: Polyamines – Putrescine – Spermidine – Spermine – Cancer – Apoptosis – Analogues – Enzyme inhibitors – Difluoromethylornithine – Disease

Inhibition of polyamine biosynthesis and depletion of intracellular polyamine content has been a strategy for inhibiting inappropriate cell growth for the last 25 years. This has resulted from the positive link between polyamine concentrations and cell growth. It is well recognised that high polyamine concentrations are required for rapid cell growth and low polyamine content is typical of quiescent cells (Wallace, 1996). There are two main lines of evidence that show the essential role of the polyamines in

cell growth. The first is from studies where polyamine production has been limited by the presence of an inhibitor of biosynthesis (Marton and Pegg, 1995) and the second is where polyamine synthesis has been altered due to a mutation in one or more of the genes responsible for the synthesis of the metabolic enzymes (Tabor et al., 1982). As a result of these observations the polyamine pathway has become a popular target for therapeutic intervention. The ultimate aim of these interventions is to limit or prevent excessive cell growth by depletion of intracellular polyamine content.

Target sites

The metabolic pathways involving the polyamines comprise 6 independent but interrelated reactions (Fig. 1). Each reaction is a potential target site for therapeutic intervention. Inhibitors of varying selectivity and specificity are available against almost every reaction (Table 1).

In terms of therapeutic intervention, the most obvious targets for inhibition are the two decarboxylases required for the first and second steps in biosynthesis. Inhibition of these enzymes would be expected to deplete all three polyamines in the case of inhibitors of ODC, and only spermidine and spermine in the case of SAMDC inhibitors. Although inhibitors of SAMDC do decrease the content of spermidine and spermine significantly the accumulation of putrescine can confound results obtained (Byers et al., 1992). Inhibitors of ODC, on the other hand, have been found to deplete putrescine and spermidine effectively but often spermine content is not affected (Gerner and Mamont, 1986).

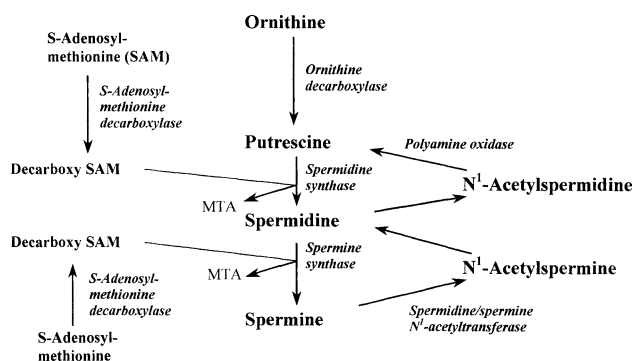


Fig. 1. Polyamine metabolic pathway (MTA – 5'-methylthioadenosine)

Ornithine decarboxylase (ODC; EC 4.1.1.17) and S-adenosylmethionine decarboxylase (SAMDC; EC 4.1.1.50) are interesting enzymes in their own right with some novel regulatory features. For example, they are highly regulated and rapidly turned over in mammalian cells (Pegg, 1986), however, this makes long term inhibition of activity difficult to achieve.

The next two enzymes involved in biosynthesis, spermidine and spermine synthase, are more stable proteins and as such are potentially ideal targets for manipulation, but inhibition of these enzymes has, in general, been less influential in on cell growth (Coward and Pegg, 1987).

Since the therapeutic aim is to deplete polyamine content, with the catabolic reactions it is induction rather than inhibition that is required. The combination of spermidine/spermine N¹-acetyltransferase (SSAT; EC 2.3.1.57), polyamine oxidase (PAO; EC 1.5.3.11) and polyamine export appears to be responsible for the removal of polyamines from the cell, while spermine oxidase (hPAO-1/SMO) seems to be used for the recycling of spermine (Wang et al., 2001; Vujcic et al., 2002). With the further identification of several hPAO homologues (Murray-Stewart et al., 2002), it seems highly likely that one of these may turn out to be responsible for the recycling of spermidine. Several inducers of SSAT and PAO exist including a variety of polyamine analogues (Casero et al., 1990; Wang et al., 2001; Wallace and Fraser, 2003), hydrogen peroxide (Chopra and Wallace, 1998) and some anticancer drugs such as etoposide (Lindsay and Wallace, 1999).

Disease

As a consequence of the link between polyamines and cell growth, conditions where excessive cell growth is part of the disease aetiology have been particular targets for inhibitors of polyamine biosynthesis. Development of cancer, for example, has been closely associated with alterations

in polyamine metabolism. Increased concentrations of polyamines have been found in many solid tumours and similar increases in urinary and serum polyamine content are common features of malignancy (Wallace and Caslake, 2001). ODC activity is also increased in tumour tissue (Narisawa et al., 1989; Nishioka et al., 1991) making it an attractive target for the design of antiproliferative drugs. A discussion of all the changes occurring in the various cancers is beyond the scope of this review however a summary of the major alterations in a range of malignancies is provided in Table 2.

Although the majority of inhibitors of polyamine metabolism have been designed as antiproliferative agents directed towards cancer or trypanosomes the inhibitors are also effective in other diseases. Development of branched polyamines have found success in the treatment of prion-related diseases (Supattapone et al., 2002). These compounds are believed to bind directly to PrP^{Sc} (the protease resistant form of the prion protein), and promote their clearance (Supattapone et al., 2001).

The involvement of polyamines in tissue regeneration is also important. Recovery of such organs as the pancreas after acute pancreatitis (Jurkowska et al., 1997), the liver after partial hepatectomy (Luk, 1986) and intestinal resections (Luk and Baylin, 1983) have all shown improvements with the presence of polyamines.

Although there are many inhibitors of polyamine metabolism (see Table 1) this review will concentrate on a few of the most effective compounds.

Inhibitors of the decarboxylases

α -Difluoromethylornithine (DFMO)

Perhaps the best-known and most useful of the inhibitors of polyamine biosynthesis is α -difluoromethylornithine (DFMO), an enzyme-activated, irreversible, suicide inhibitor of ornithine decarboxylase (ODC; Metcalf et al., 1978). DFMO was one of the first rationally designed anticancer drugs and was directed against ODC, an enzyme that was known to be upregulated in cancer cells. DFMO is a substrate for ODC and acts by binding within the active site at lys 69 and lys 360. It is cleaved by ODC but the product is not released, remaining in the active site and rendering the enzyme irreversibly inactive (Poulin et al., 1992). A recent study has shown that although both the L- and the D-enantiomers of DFMO can irreversibly inactivate ODC, the L-form has a 20 times greater probability of forming an enzyme-inhibitor complex than the D-form (Qu et al., 2003). Many studies using DFMO

Table 1. Polyamine metabolic enzyme inhibitors and their effects on polyamine metabolism

Inhibitor	Enzyme(s) affected	Effect on polyamine metabolism	Reference
AbeAdo (MDL 73811)	(5'-[(Z)-4-amino-2-butenyl]methylamino)-5'-deoxyadenosine)	↑ putrescine, ↓ spermidine and spermine	Byers et al., 1993
AdoMac	(S-[5'-deoxy-5'-adenosyl]-1-ammonio-4-[methylsulfonio]-2-cyclopentene)		Wu and Woster, 1992
AdoMao	(S-[5'-deoxy-5'-adenosyl]-1-aminooxy-4-[methylsulfonio]-2-cyclopentene)	↔ putrescine, spermidine and spermine	Gao et al., 1995
AdoDATO	(S-adenosyl-1,8-diamino-3-thiooctane)	↑ putrescine and spermine, ↓ spermidine	Holm et al., 1989
AdoDATAD	(S-adenosyl-1,12-diamino-3-thio-9-azadodecane)	↑ spermidine, ↓ putrescine and spermine	Pegg et al., 1989
AMA	(S-[5'-deoxy-5'-adenosyl]methylthioethylhydroxylamine)	↑ putrescine, ↓ spermidine and spermine	Kramer et al., 1989
APA	(1-aminooxy-3-aminopropane)	↓ ODC activity	Khomutov et al., 1985
DFMO	(α -difluoromethylornithine)	↓ putrescine and spermidine, ↔ spermine	Metcalfe et al., 1978
CGP 48664 (SAM 364A)	(4-amidinodanone-1-[2'amidino]hydrazone)	↑ putrescine, ↓ spermidine and spermine	Regenass et al., 1994
CGP 39937	([2,2-bipyridine]-6,6'-dicarboximidamide)	↑ ODC activity	Stanek et al., 1993
EGBG	(ethylglyoxal bis[guanyldihydrazone])	↑ putrescine, ↓ spermine	Sjoholm et al., 1994
MGBG	(methylglyoxal bis[guanyldihydrazone])	↑ ODC activity	
Berenil	(1,3-tris-[4'-amidinophenyl]triazine)	↑ putrescine, ↓ spermidine	Porter et al., 1980
Pentamidine	(<i>p,p'</i> -[pentamethylenedioxy]dibenzamide)	↑ ODC and SAMDC activity	
		↑ polyamine accumulation, esp. spermine	Libby and Porter, 1992
		↓ putrescine, ↔ spermidine	Libby and Porter, 1992
		↓ ODC activity	

(continued)

Table 1 (*continued*)

Inhibitor	Enzyme(s) affected	Effect on polyamine metabolism	Reference
MDL 72527	PAO		Bolkenius et al., 1985
AP-APA	ODC, SAMDC, Spermine Synthase		Eloranta et al., 1990
DCHA			Ito et al., 1982
4MCHA	Spermidine Synthase	↑ putrescine and spermine, ↓ spermidine ↑ SAMDC activity	Beppu et al., 1995
APCHA	Spermine Synthase	↑ putrescine and spermine, ↓ spermidine ↑ SAMDC activity	Beppu et al., 1995
AOE-PU	ODC, SAMDC, Spermine Synthase		Eloranta et al., 1990
MAOEA	SAMDC	↑ putrescine, ↓ spermidine and spermine	Pegg et al., 1988
MHZPA	SAMDC	↑ putrescine, ↓ spermidine and spermine	Pegg et al., 1988
MHZE	SAMDC		Tekwani et al., 1992
N ¹ OSSpm	Spermine oxidase (SMO)		Vujeic et al., 2002

Table 2. Alterations in polyamines and their metabolism in disease

Disease	Alteration in polyamines/enzymes	Reference
Psoriasis	Increased polyamine biosynthesis Elevated spermidine and spermine in blood Increased ODC activity Increased polyamine content	Lauharanta and Kapyaho, 1983 Proctor et al., 1975 Lowe et al., 1982 Russell et al., 1978
Systemic Lupus Erythematosus (SLE)	Increased polyamine expression and susceptibility to induce Z form of DNA	Thomas et al., 1990
Chronic Renal Failure	Impairment of ornithine metabolism and polyamine biosynthesis Increased spermidine and spermine in erythrocytes, increased putrescine in urine	el-Marjou et al., 1997 Swendseid et al., 1980
Uremia	Decreased SSAT activity, increased ODC activity and gene expression Elevated polyamines in patient serum	Imanishi et al., 1996 Saito et al., 1983
Liver Cirrhosis	Elevated polyamine content Increased free, monoacetylated and total polyamines Increased polyamine content Elevated ODC activity	Nishiguchi et al., 2002 Cecco et al., 1992 Moulinoux et al., 1985 Kubo et al., 1998
Cystic Fibrosis	Elevated polyamines in urine Increased spermidine and spermine associated with erythrocytes	Russell et al., 1979 Cohen et al., 1976
Insulin Dependent Diabetes Mellitus (IDDM)	Elevated polyamine content in erythrocytes	Seghieri et al., 1997
Duchenne Muscular Dystrophy (DMD)	Increased urinary polyamine levels	Russell and Stern, 1981
Alzheimer's Disease	Increased ODC activity in temporal cortex Increased spermidine, decreased putrescine in temporal cortex decreased spermine in occipital cortex	Morrison et al., 1998 Morrison and Kish, 1995
Parkinson's Disease	Elevated spermidine and spermine, decreased putrescine	Gomes-Trolin et al., 2002
Rheumatoid Arthritis	Excessive polyamines contribute to IL-2 deficiency Elevated in activated lymphocytes (including peripheral blood lymphocytes) Increased urinary polyamine levels Polyamines elevated in blood and synovial fluid	Flescher et al., 1989, 1992 Nesher et al., 1997 Furumitsu et al., 1993 Talal et al., 1988

in vitro have shown effective depletion of putrescine and spermidine while spermine content is often unaffected (Gerner and Mamont, 1986). This polyamine depletion leads to cell growth arrest, an effect that can be reversed with the addition of exogenous putrescine. Growth arrest of cells in response to DFMO occurs predominantly at the G₁ phase of the cell cycle (Monti et al., 1999; Ray et al., 2001; Li et al., 2002), but increases the length of S phase in CHO cells have also been reported (Fredlund and Oredsson, 1996).

In cancer therapy, DFMO has been less successful, resulting in cytostatic rather than cytotoxic effects *in vivo* (Pegg et al., 1982). This is due, in part, to the incomplete depletion of spermine and its retroconversion to spermidine and putrescine (Gerner and Mamont, 1986), and partly due to compensatory increases in uptake of poly-

amines from the circulation or extracellular medium induced by polyamine depletion (Alhonen-Hongisto et al., 1980). Despite the lack of success of DFMO as a global antitumour agent, some positive results have been achieved in recurrent anaplastic gliomas where a decrease in the tumour burden or arrest of tumour growth for up to 1 year was observed in 45% of patients after treatment with DFMO (Levin et al., 1992).

More recently, an alternative role has emerged for DFMO as a chemopreventative agent (for review see Meyskens and Gerner, 1999). Chemoprevention is the use of chemical agents to prevent tumour development and, ideally, to cause regression of existing tumours. Perhaps the greatest potential for DFMO and chemoprevention is in colorectal cancer where decreases in ODC activity

Table 3. Alterations in polyamines and their metabolism in cancer

Disease	Alteration in polyamines	Reference
Respiratory Tract Cancers	Elevated spermidine and spermine	Dreyfuss et al., 1975
Lung Cancer	Elevated polyamines in urine	Lipton et al., 1975a
Bronchogenic Carcinoma	Increased putrescine and spermidine excretion	Waalkes et al., 1975
Breast Cancer	Elevated tumour polyamine content	Kingsnorth et al., 1984a
Gastro-intestinal Cancers	Elevated polyamine content	Dreyfuss et al., 1975
Gastro-intestinal Malignancies	Increased polyamine excretion (particularly spermidine and spermine)	Lipton et al., 1975b
Stomach Cancer	Increased urinary polyamines	Kubota et al., 1985
Colon Carcinoma	Increased spermine excretion	Waalkes et al., 1975
Colorectal Cancer	Elevated spermidine and spermine tumour content	Kingsnorth et al., 1984b
	Increased urinary polyamines	Lipton et al., 1975a
	Increased urinary and serum polyamines	Nishioka and Rhomsdahl, 1974
Kidney/Genitourinary Cancers	Increased putrescine and spermidine	Dreyfuss et al., 1975
Kidney Adenocarcinoma	Increased urinary polyamines	Sanford et al., 1975
Bladder Carcinoma	All 3 polyamines elevated, particularly putrescine (correlated with degree of tumour infiltration)	Pastorini et al., 1981
	Increased urinary polyamines	Sanford et al., 1975
Childhood Leukaemia	Polyamine:creatinine ratios increased in patients with the active disease	Garnica et al., 1981
Acute Myelocytic Leukaemia	Increased excreted urinary polyamines	Russell et al., 1971
	Increased urinary polyamines	Fujita et al., 1976
Chronic Lymphocytic Leukaemia	Increased urinary polyamine levels	Russell et al., 1971
Hodgkin's Lymphoma	Elevated urinary polyamines	Russell et al., 1971
Haematological Neoplasms	All 3 urinary polyamines elevated	Durie et al., 1977
Prostatic Carcinoma	Increased spermidine urinary excretion	Fair et al., 1975
Prostatic Adenocarcinoma	Elevated urinary polyamines	Sanford et al., 1975
Testicular Carcinoma	Elevated urinary polyamine content	Sanford et al., 1975
Sarcoma	Increased urinary and serum polyamine content	Nishioka and Rhomsdahl, 1974
Lymphosarcoma	Elevated urinary polyamine content	Russell et al., 1971
Melanoma	Elevated serum and urinary polyamines	Nishioka and Rhomsdahl, 1974
Malignant Melanoma	Elevated urinary polyamines	Lipton et al., 1975a
Metastatic Adenocarcinoma	Elevated urinary polyamines	Lipton et al., 1975a
Metastatic Squamous Cell Carcinoma	Increased urinary polyamines	Lipton et al., 1975a
Multiple Myelomas	Increased spermidine and spermine	Dreyfuss et al., 1975
Transitional Cell Carcinoma	Increased urinary polyamine levels	Sanford et al., 1975

and polyamine content limit the formation of tumours. Meyskens' group (1994) has shown that frequent, low dose DFMO can suppress polyamine concentrations in the colon for prolonged periods thus potentially limiting tumour growth. DFMO is thought to act late in tumour progression (Nigro et al., 1987). Other types of epithelial cancers in animal models can also be prevented by daily administration of DFMO (Carbone et al., 1998; Meyskens and Gerner, 1998). Chemoprevention regimens are being developed currently for a number of human tumours. These trials look promising as there are few side effects associated with DFMO usage, only a reversible ototoxicity at high doses (Love et al., 1998).

In other diseases there have also been some positive outcomes from the use of DFMO. In murine lupus, the survival rate of female MRL-*lpr/lpr* mice was increased by 29% by

treatment with DFMO. This effect was the result of the inhibitory action of DFMO on cell proliferation and the prevention of DNA from forming an immunogenic left-handed Z-DNA conformation (Thomas and Messner, 1989).

However, the greatest success of DFMO has been in the treatment of parasitic infections. DFMO has cured acute infections of *Trypanosoma brucei brucei* in mammals (Giffin et al., 1986) and is active in the late stage of *Trypanosoma brucei gambiense* (Bacchi et al., 1980). It is also useful against infections caused by *T. b rhodesiense* although it is less useful here due to the faster turnover rate of ODC of 3–4 h, compared with 20 h for *T. b gambiense* (Iten et al., 1997). DFMO was approved by the FDA in 1990 for use in parasitic infections (Nightingale, 1991). Its administration causes the trypanosomes to convert to their non-dividing stumpy forms, which prevents

them from changing their surface glycoproteins, thus making them more vulnerable to attack from the host immune system (Wang, 1995). Treatment with DFMO also leads to decreased spermidine content and, as spermidine is used to form trypanothione, a compound parasites use to resist cellular oxidative stress (Fairlamb et al., 1987), the parasites are more susceptible to stress effects. A comprehensive review of this area is available (Bacchi and Yarlett, 2002).

Methylglyoxal bis(guanyldihydrazone) MGBG

Interest in methylglyoxal bis(guanyldihydrazone) or MGBG began with two key observations. The first was that MGBG inhibited the growth of L1210 leukaemia in mice (Freedlander and French, 1958) and the second was that MGBG was similar in structure to spermidine and therefore may interfere with polyamine production (French et al., 1960). MGBG is thought to bind to DNA but as it is not fully protonated at physiological pH, the binding is likely to be weaker than that of the polyamines (Mihich, 1975). The drug is a potent competitive inhibitor of SAMDC and depletes spermidine and spermine content but causes significant accumulation of putrescine (Porter et al., 1980). Treatment of cells with MGBG results in inhibition of cell growth, an effect that can be reversed by exogenous spermidine (Pegg, 1973). Use of MGBG in man was however limited by extreme toxicity despite the use of a variety of treatment and dosage regimens (Warrell and Burchenal, 1983).

A number of reports indicated that MGBG caused significant damage to mitochondria with ultrastructural damage such as loss of cristae and matrix components as well as metabolic damage that is indicative of loss of mitochondrial integrity (Pleshkewych et al., 1980).

MGBG uses the polyamine transport system to enter cells and depletion of spermidine and spermine by treatment with DFMO will enhance the uptake of MGBG (Seppanen et al., 1980). It has been suggested that cancer cells accumulate more MGBG than normal cells due to the unregulated nature of the growth of the tumour cells. Comprehensive reviews of MGBG action and pharmacokinetics are available (Williams-Ashman and Seidenfeld, 1986; Warrell and Burchenal, 1983).

In combination with other inhibitors of polyamine biosynthesis such as DFMO, MGBG showed synergistic responses in childhood leukaemia and in P388 leukaemia in mice (Nakaike et al., 1988; Siimes et al., 1981). These promising observations led to the development of other SAMDC inhibitors based on the structure of MGBG such as EGBG and CGP 48664 (SAM486A) (Igarashi et al., 1984; Stanek et al., 1993). Treatment with SAM486A inhibits

SAMDC by 90% and decreased spermidine and spermine pools (Regenass et al., 1994), as well as exhibiting decreased antimitochondrial activity when compared with MGBG (Pathak et al., 1977). SAM486A also stabilised SAMDC (Svensson et al., 1997). SAM486A has recently undergone a pharmacokinetic study in patients with solid malignancies to determine its toxicity profile (Siu et al., 2002). In addition to being well tolerated in patients, analysis of tumour tissue found decreased SAMDC activity, and increases in both ODC activity and putrescine content, consistent with the known effects induced by SAMDC inhibitors.

SAM analogues

Structural analogues of SAM have also been tested, and shown to decrease putrescine and spermidine pools (Hyvonen and Eloranta, 1990) while increasing the half-life of SAMDC due to enzyme stabilisation (Shirahata and Pegg, 1985). SAM analogues are site-directed irreversible inhibitors of SAMDC synthesised for use as anti-parasitic agents against *T. brucei*. They include MAOEA (5'-deoxy-5'-[(2-aminooxyethyl)-methylamino]adenosine) and MHZEA (5'-deoxy-5'-[(2-hydrazinoethyl)methylamino]adenosine; Pegg et al., 1988). These analogues contain a tertiary nitrogen atom in place of the sulfonium ion with MHZEA being more potent than MAOEA. In *T. brucei* SAMDC was irreversibly inactivated by both of these analogues. This suggests that these analogues bind to the active site and form a covalent bond with SAMDC (Tekwani et al., 1992). As with DFMO, there is great potential for the therapeutic use of these analogues in trypanosomiasis and other parasitic infections.

Two other agents that can inhibit SAMDC are berenil and pentamidine (trypanocidal diamidines). These are effective anti-trypanosomal agents but they are non-specific, being able to inhibit SSAT (Karvonen et al., 1985; Libby and Porter, 1992). In addition, pentamidine shows effective inhibition of PAO.

The majority of these inhibitors, although effective at depleting spermidine and spermine, often fail to deplete putrescine sufficiently to induce cell growth arrest and cell death thus limiting their utility.

Other enzyme inhibitors

PAO

Originally, PAO was thought to be a constitutively expressed enzyme and therefore not important in terms of regulating polyamine content (Seiler et al., 1980).

However, several studies have shown that PAO activity can be increased (Flayeh and Wallace, 1990; Lindsay and Wallace, 1999), and, interestingly, PAO activity is low in several types of cancer (Quash et al., 1979), leading to the suggestion that induction of PAO in response to a chemotherapeutic agent may be an alternative approach in the treatment of cancer (Wallace et al., 2000).

Two forms of PAO have been identified, and these were originally proposed to be a cytosolic and a peroxisomal form of the same enzyme, as their separation by chromatography revealed them to be isozymes (Libby and Porter, 1987). Recent work in this area has led to the cloning of PAO (Wang et al., 2001) and the suggestion has been made that this isozyme may in fact be a spermine oxidase (PAO-h1/SMO). The enzyme was inducible, and found to preferentially cleave spermine rather than the recognised preferred substrate of PAO, N¹-acetyl spermine (Vujcic et al., 2002). The resurgence in interest in this area, and the possibility of an increasingly important role for PAO and SMO has led to further identification of at least 4 isozymes/isoforms of PAO-h1/SMO, each with different substrate specificities (Murray-Stewart et al., 2002).

The most successful inhibitor of PAO is MDL 72527 (N¹,N⁴-bis(2,3-butadienyl)-1,4-butanediamine), that specifically inhibits PAO without having affecting either mono or di- amine oxidases (Bey et al., 1985). MDL 72527 has shown cytotoxic effects in some leukaemic cell lines, resulting in the formation of lysosomally-derived vacuoles. These effects could not be reversed by the addition of putrescine or spermidine, and the rapid apoptosis induced suggested that MDL 72527 could override survival factors (Dai et al., 1999). However, the concentration of MDL 72527 used to induce such effects was more than 10 times that required to inhibit PAO (Wallace and Duthie, unpublished observations).

SSAT

Although a specific inhibitor for SSAT has yet to be developed, some other agents have been found to affect SSAT activity. Berenil and pentamidine, both effective SAMDC inhibitors, have been shown to inhibit other polyamine metabolic enzymes, including SSAT (Karvonen et al., 1985). In most instances, however SSAT is induced by antiproliferative agents; for example, the polyamine analogues.

Transport

The net positive charge on polyamines requires that cells have a transport system for polyamine uptake and export

(Wallace, 1987). Although the mammalian transport system has yet to be isolated, it is believed to be energy-dependent, carrier-mediated (Seiler and Dezeure, 1990), and highly adaptive, in that it can transport not only polyamines but other polyamine-like molecules including MGBG (Byers et al., 1987) and many polyamine analogues (Porter et al., 1984; Fraser et al., 2002). More recently, polyamine transport has been suggested to occur through receptor-mediated endocytosis, an event that has been demonstrated in both yeast and mammalian cells (Soulet et al., 2002).

The significance of polyamine transport in maintaining polyamine homeostasis was first recognised when DFMO failed to be effective *in vivo* (Alhonen-Hongisto et al., 1980). The upregulation of polyamine transport to compensate for blockade of biosynthesis, produced no net loss of polyamines and no significant decreases in cell growth. Several studies have shown increased polyamine uptake in cases where biosynthesis is either defective, or suppressed by an enzyme inhibitor (Kramer et al., 1989; Pilz et al., 1990). The importance of polyamine transport has led to development of several types of transport inhibitors, (Aziz et al., 1995; Weeks et al., 2000). These have demonstrated polyamine uptake inhibition, but the inhibitory effect was found to decrease with continued exposure (Fraser et al., 2002).

Polyamine analogues

Polyamine analogues are multisite inhibitors of polyamine metabolism and developed from the lack of *in vivo* success obtained with single enzyme inhibitors. The initial success of polyamine homologues in terms of their recognition by cells and support of cell growth (Porter and Bergeson, 1983), led to further modification that resulted in a selection of molecules, based on the structures of spermidine and spermine, that were recognised as polyamine-like but failed to substitute for function (Porter and Sufrin, 1986). Comprehensive reviews on many of the analogues and their structures are available (Frydman and Valasinas, 1999; Casero and Woster, 2001; Wallace and Fraser, 2003).

Examination of the intracellular effects resulting from analogue exposure revealed that these molecules could effectively deplete intracellular polyamine pools by having a similar mechanism to that induced by a high natural polyamine content. The outcome resulted in down regulation of the biosynthetic enzymes ODC and SAMDC (Porter et al., 1990), increased polyamine export and in some cases, upregulation of the catabolic enzyme SSAT (Casero et al., 1989a).

The range of polyamine analogues studied to date has led to their division into 2 main categories, based on their ability to affect changes in polyamine content. The first group is the anti-metabolites, where the cellular uptake of polyamine analogue leads to active catabolism and export of natural polyamines, cell growth arrest and cell death (Seiler et al., 1998). The other group that has emerged more recently, is that of the mimetics, analogues that maintain the ability to displace natural polyamines at intracellular sites so causing cytotoxicity, but fail to effect any significant change in polyamine content (Fraser et al., 2002).

The best studied of the analogues are the bis(ethyl)polyamines, bis(ethyl)norspermine (BENSpm), bis(ethyl)homospermine (BEHSpm), and bis(ethyl)spermine (BESpm). These symmetrically substituted analogues are all based on the structure of spermine, and have shown effective cytotoxicity in several tumour cell lines (Bergeron et al., 1988; Casero et al., 1989b; Chang et al., 1992). Most notable from these studies is that the analogues induced differential effects in different cell types, indicating there are cell type-specific effects induced by these analogues. The recognition of this may mean it can be exploited to treat particular types of disease. In particular, the differential induction of the catabolic enzyme SSAT was found to vary from 2-1000 fold in 2 lung cancer cell lines (Casero et al., 1989a, 1992) further supporting the cell type-specificity of polyamine analogues. This discovery also provided a mechanism for analogue toxicity, namely through SSAT induction and polyamine catabolism and export.

The success of these 'first-generation' analogues has since led to the development of second and third generation analogues, the unsymmetrically-substituted and S'Lil analogues respectively (Saab et al., 1993; Reddy et al., 1998). Both of these classes of analogues also exhibit cell type-specific effects. Several of the unsymmetrically-substituted analogues have demonstrated effective cytotoxicity and polyamine depletion in HL-60 leukaemic cells (Nairn et al., 2000; Fraser et al., 2002), leading to apoptotic cell death. The administration of these analogues also causes decreased ODC activity and SSAT induction (McCloskey et al., 1996, 2000).

Summary

The polyamine metabolic pathway remains a valid target for therapeutic intervention. Success of the single enzyme inhibitors has been variable with the most positive results in parasitic diseases such as trypanosomiasis. In cancer

therapy, the single enzyme inhibitors have shown promise but now seem more likely to be useful as chemopreventative agents rather than standard anticancer drugs. The concept of multisite inhibition with the analogues is showing significant potential for therapeutic use by exploiting the cell's own regulatory mechanisms to deplete polyamine content and induce cell death by apoptosis.

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